



What is monkeypox?

It is a zoonotic disease - transmitted from infected animals to humans - caused by a virus belongs to pox viruses. It occurs in sporadic cases in tropical rainforests of central and west Africa, where the first case was discovered in 1970.



Transmission:

Virus is transmitted when there is a close contact with Infected animal fluids or blood. Transmission form one human to another is considered limited, human can contract the infection by respiratory droplets which requires prolonged close face-to-face contact. Additionally it can be transmitting by contacting contaminated surfaces.



Signs and Symptoms:



fever



muscle aches



headache



enlarged lymph
glands



skin rash

Monkeypox is usually self-limiting (does not require medical intervention) and can last between 14 to 21 days.

Disease prevention

Early detection and controlling spread is one of the efficient method to contain the infection

