

مركز أبوظبي
للصحة العامة
ABU DHABI PUBLIC
HEALTH CENTRE



COLORECTAL CANCER Awareness

screening section

Community health Department

Outlines

Bowel Structure and Function

What is Colorectal Cancer?

Colorectal Cancer Stages

Colorectal Cancer Facts & Statistics

Risk Factor of Colorectal Cancer

Colorectal Cancer signs & symptoms

Colorectal Cancer Prevention & Early detection

A list of cancer Screening providing the Colorectal Screening

What is the colon ? What does it do ?



Bowel Structure and Function



- The colon, also known as the bowel or the large intestine, is the end portion of the human digestive tract.
- The colon is a muscular tube about 1.5 meters long and about 6 centimeters in diameter.
- The colon absorbs the water and minerals from the indigestible food.
- The colon is located in the abdomen and is divided into four parts.



What do you know about Colorectal Cancer?



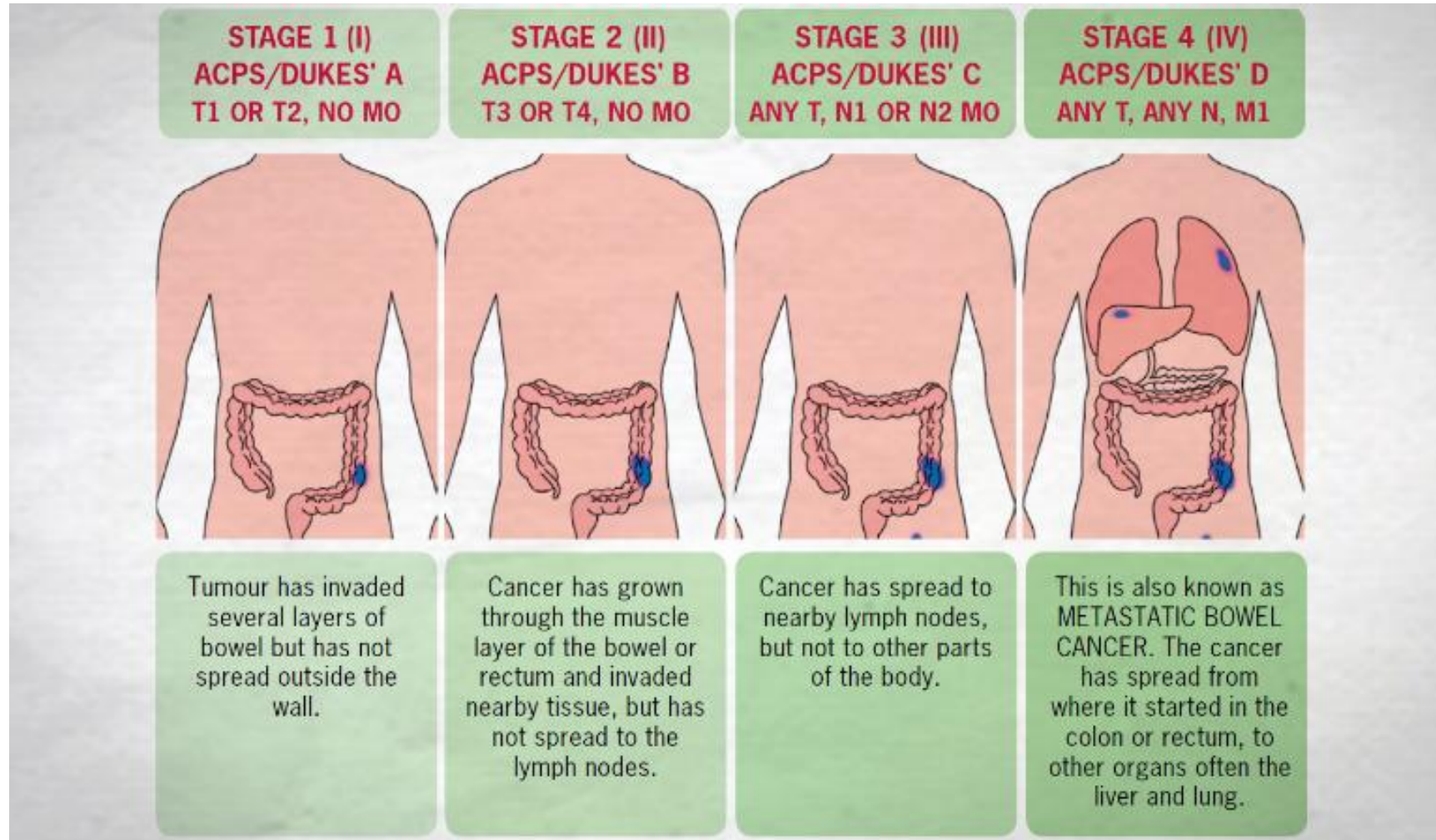
What is Colorectal Cancer?



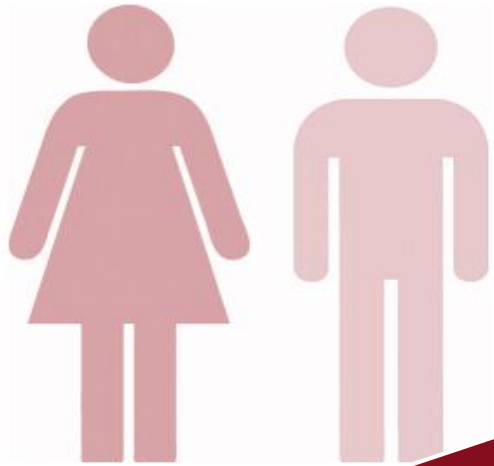
- Colorectal cancer is a growth of malignant cells in the colon or the rectum.
- It typically begins as a benign polyp (growth of soft tissue that develops on the lining of the colon or rectum) and can develop slowly over a period of 10-15 years to become cancerous.
- Colorectal cancer can develop also from abnormal cells or ulcers in the lining of the colon and rectum. This is most common among patients with colon inflammation diseases (ulcerative colitis or Crohn's disease).



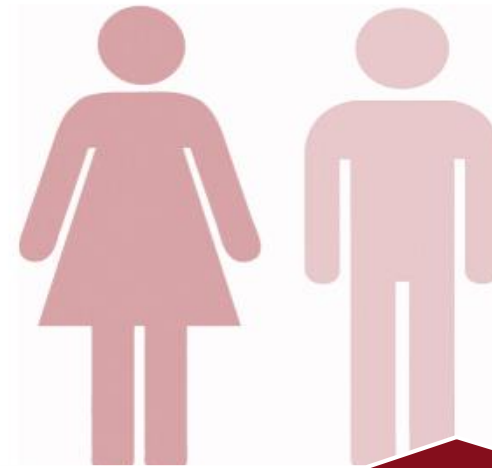
Colorectal cancer stages



Colorectal Cancer Facts and Statistics - Worldwide



Colorectal cancer is the (3rd) common cancer in both genders, worldwide.



The (3rd) common cancer for men and the (3rd) for women.

Colorectal Cancer Facts and Statistics - Abu Dhabi

- Colorectal cancer is the **3rd** common cancer in both genders.
- Colorectal cancer is the most common cancer among men

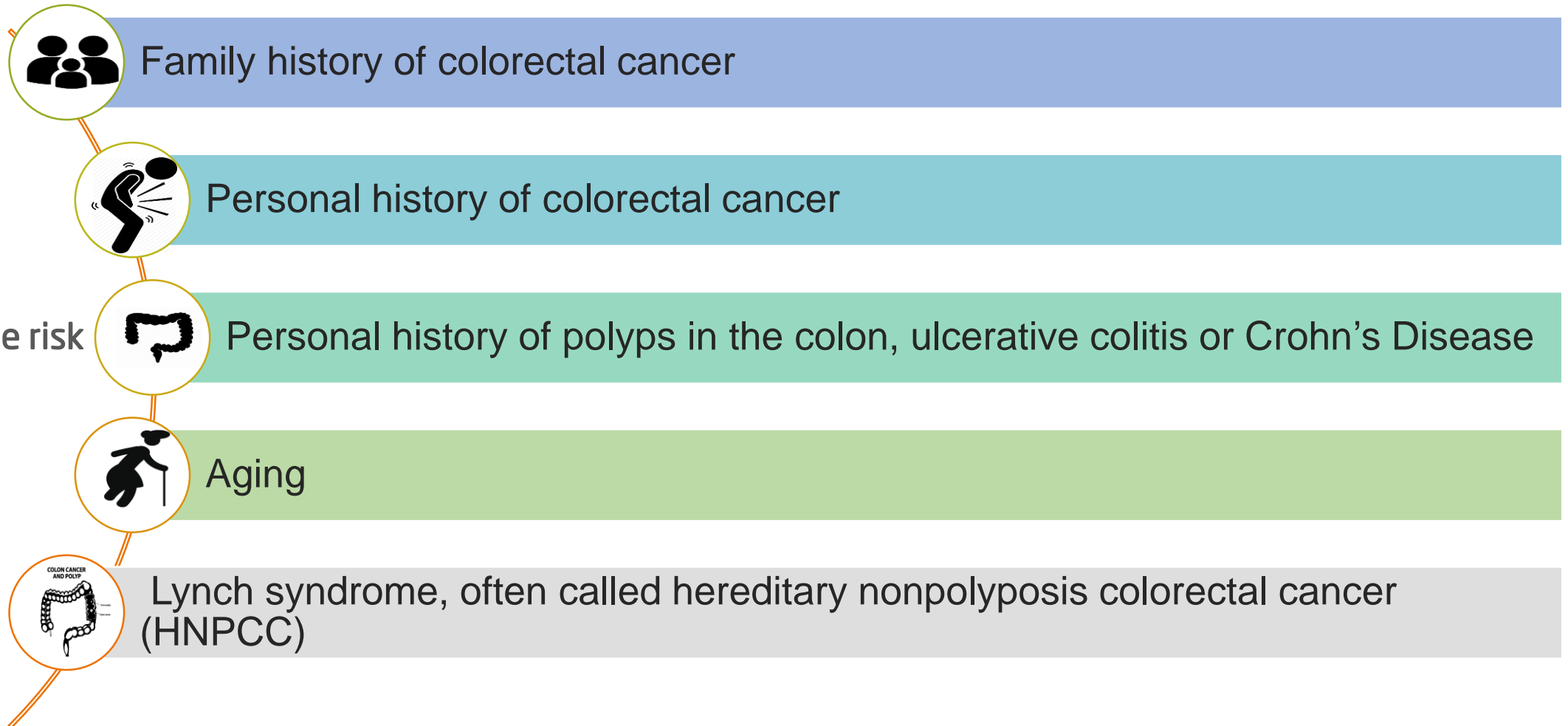
2018 statistics



In your opinion, what factors may increase the risk of colorectal cancer?

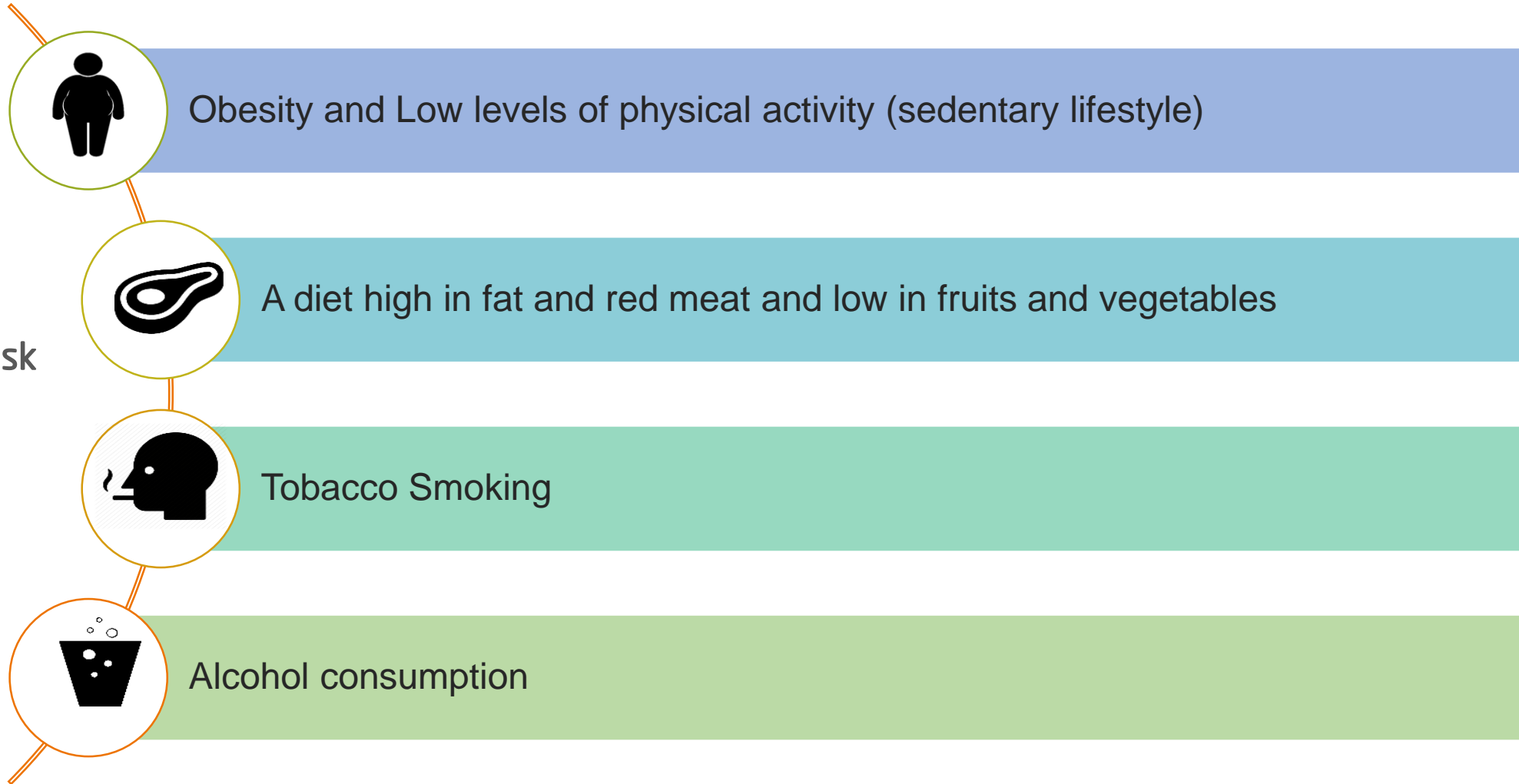


Risk Factors of Colorectal Cancer



Risk Factors of Colorectal Cancer

Modifiable risk factors



What are the symptoms of colorectal cancer?



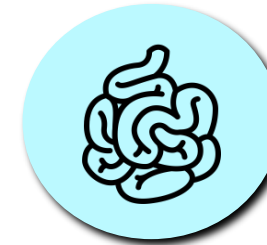
Colorectal Cancer signs & symptoms

Colorectal cancer can present before symptoms develop.

By time, the following symptoms may appear:



Blood in the stool



Change in bowel habits



Abdominal pain



Unexplained weight loss



Feeling not empty bowel

How can we protect ourselves from colorectal cancer?



colorectal cancer Prevention

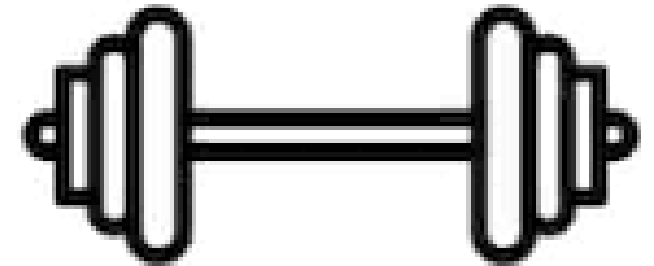
Adopt a Healthy Lifestyle



Quit smoking



Healthy Diet



Exercise Regularly

Risk Factors of Colorectal Cancer

Get Regular Screening

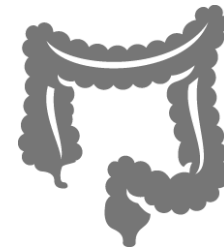
Department of Health recommends that:



Men and women
Age 40+



Stool Test Once
Every year



Colonoscopy
Once Every 10 years

List of Abu Dhabi Registered Breast Cancer Screening Providers



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Keep in touch with us for:

- ✓ Questions and more information
- ✓ Request Educational Materials
- ✓ List of Cancer Screening centers
- ✓ List of Cancer Support Groups

www.adphc.gov.ae

JUST CALL



800 555



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Live Healthily & Simply Check

References



- National Cancer Institute (www.cancer.gov)
- American cancer society
- Statistics globocan
- ADCCR
- Edited by Dr Lamia Safieldeen

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