

مـركــز أبـوظبــي للـصـحـة الـعـامـة ABU DHABI PUBLIC HEALTH CENTRE









There are two types of COVID-19 vaccines available in the Emirate of Abu Dhabi: one by Sinopharm, and the other by Pfizer-BioNTech. The vaccines are offered free of charge to UAE nationals and residents who are medically eligible, according to the priority groups.

This document provides Frequently Asked Questions about Pfizer-BioNTech COVID-19 Vaccine.

What is the mportance of vaccination in general?

- Vaccines protect children and adults from some infectious diseases and their serious complications, and may thus lead to a healthy society relatively free from these infectious diseases and epidemics.
- Vaccines achieve their purpose by protecting individuals and communities.
- Vaccines are the best and most successful medical interventions.
- Achieving the goals of the national preventive programs for disease eradication and elimination, as it can be prevented with vaccines, based on global strategies and best practices.
- Health system development and the quality of community life.

What is Pfizer-BioNTech COVID-19 vaccine, and how it works?

Pfizer-BioNTech COVID-19 vaccine uses messenger RNA (mRNA). The vaccine gives cells instructions for how to make a harmless piece of COVID-19 protein. After vaccination, the immune system will begin building an immune response and making antibodies.

If there are more than one COVID-19 vaccine type available, will I be able to choose which vaccine to take?

- The COVID-19 vaccine that you receive will be based on the availability of the different vaccines at the time of your vaccination.
- You will be advised as to the type of vaccine that you will receive at • the time of your vaccination.
- All of the available vaccines are effective at preventing severe COVID-19 infection.
- The safety and efficiency of all vaccines used are assured, given all of the available clinical and scientific studies. Information on vaccines and any side effects are closely and continually monitored by the concerned health authorities.

For more information about available vaccine types and vaccination centers, please visit:

https://www.adphc.gov.ae

CORONAVIRUS

VACCINE





Who should take the vaccine?

The vaccine can be given to everyone starting from the age of 12 years. However, the priority will be given to UAE nationals and residents who did not take any COVID-19 vaccine previously.

How many doses to be given?

Two doses, 3 weeks apart.

Is the vaccination mandatory?

Vaccination is optional; however, we advise everyone eligible to take the vaccine to get the protection against COVID-19 illness and its complication.

Is the vaccination free for the targeted groups?

Yes, all health services related to COVID-19 vaccination are free of charge.

Where will the vaccination service be provided?

The vaccination service is being provided at healthcare facilities under "SEHA" as well as Mubadala Healthcare Facilities.

For more information about vaccination centers, please visit below website:

https://www.adphc.gov.ae/

I may not be available to take the second dose, can the appointment be changed to another day?

It is important to keep record of the second dose appointment and adhere to attend, to ensure the required level of immunity and the maximum benefit from the vaccine. It is recommended to take the second dose in the same vaccination center where the first dose was taken.

The second dose of the vaccine should be administered as close to the second dose schedule as possible. If for any reason there is an unavoidable delay, contact the vaccination center to reschedule the appointment.



CHOOSE TO VACCINATE.

Is it possible to take another dose of the vaccine from another manufacturer?

Two doses of the vaccine should be taken from the same manufacturer to ensure vaccine safety and effectiveness. There is not enough information about the safety of mixing between two different vaccines so far.

Is it safe to take more than one type of COVID-19 vaccine?

The safety and efficacy of taking different types of COVID-19 vaccines are currently being evaluated. There is not enough information about the safety of mixing between two different vaccines so far.

Is vaccination safe for older adults and people with chronic conditions?

Yes, vaccination is safe for older adults and people with chronic conditions. It is recommended to provide the vaccine to these groups as they are at risk of developing complications when infected with COVID-19. The medical team will evaluate in case there is a reason to prevent getting vaccinated.

Is vaccination safe for people taking medications?

This will be evaluated by the medical team. You need to inform the team of all medications you are taking and if you have allergies of any kind.

Who should not take the vaccine?

- Participants of Phase III of the clinical trial.
- Pregnant women.
- People with certain conditions (based on evaluation of the medical team).
- People with severe allergic reaction to any component in the vaccine.

Can pregnant women and lactating women get Pfizer - BioNTech COVID-19 vaccine?

There are some safe options for breastfeeding women. A breastfeeding woman can consult the doctor to provide her details about available options.

As for pregnant women, there is not enough information about the safety of the vaccine for pregnant women.



CHOOSE TO VACCINATE.

What are the side effects of the vaccine?

The vaccine is like any other medicine, could cause some side-effects, however, the risk of severe reaction is rare. Some minor side effects may occur following a vaccination, including:

- Pain, swelling, redness, at the vaccination site.
- Fever, chills, headache, tiredness, nausea.
- Muscle pain, joint pain.
- Feeling unwell.
- Some people might develop other side effects such as signs of severe allergic reaction.

Generally, the mild symptoms subside without treatment. If symptoms seem to get worse, seek advice from a healthcare provider to get the required treatment.

Will the vaccine give protection from COVID-19 virus?

The COVID-19 vaccine will reduce the chance of transmission and spread of COVID-19 infection to others. When many people are vaccinated, COVID-19 virus is less likely to spread in the community.

Sufficient immunity against COVID-19 virus does not develop until about two weeks after receiving the second dose.

Some people may be exposed to COVID-19 virus before getting the maximum benefit from the vaccine. Some people may still get COVID-19 despite having a vaccination and good immunity, but symptoms are more likely to be less severe.

what can I do if I experience any side effects after getting the vaccine?

You may call 024493333 (option number 3) to notify side effects (in Emirate of Abu Dhabi), or you can go to the nearest healthcare facility if needed.

Can I stop taking precautionary measures after getting a COVID-19 vaccine?

No, you must continue to adhere to all the precautionary measures to prevent the further spread of COVID-19.

www.adphc.gov.ad





What do I do after taking vaccine?

After you have had the first dose, make sure you keep a record of the second dose appointment. It is important to have the two doses of the vaccine to get the optimal vaccine effectiveness.

It is also important to continue following all the precautionary measures to prevent the further spread of COVID-19.

It is important to take the second dose in the same vaccination center where the first dose was taken.

Will the vaccine provide immunity forever or should be repeated, e.g. yearly?

The concerned health authorities are currently working to determine the periodicity of taking the vaccine, as in the case with other vaccines, such as the seasonal influenza vaccine, to ensure adequate immunity of people.

It is difficult to determine the exact period of protection provided by the vaccine at this stage, because the vaccination rounds only began recently and the vaccine's efficacy may differ from one person to another.

Can I get vaccinated if I am sick?

It is better to consult your doctor.

Can people with history of COVID-19 infection be vaccinated?

People with current COVID-19 infection can receive the vaccine after clinical recovery to around four weeks after onset of symptoms or four weeks from the first confirmed positive result in those who are asymptomatic.

Recipients of passive antibody therapy, who received the therapy as part of COVID-19 treatment, should wait 90 days before getting vaccinated with Pfizer-BioNTech COVID-19 vaccine.

Does Pfizer - BioNTech COVID-19 vaccine changes our DNA?

The mRNA never enters the nucleus of the cell, which is where our DNA (genetic material) is kept. The body breaks down and gets rid of the mRNA shortly after they have triggered the immune system. Therefore, the vaccine does not change our DNA nor does it cause any effect on our genes.

Can I transmit COVID-19 to anyone else, after I have had the vaccine?

COVID-19 vaccination is an important measure to help stopping the pandemic. However, combination of getting vaccinated and following all the precautionary measures to prevent the spread of COVID-19 will offer the best protection from COVID-19 virus.



CHOOSE TO VACCINATE

Does Pfizer - BioNTech COVID-19 vaccine affect dermal fillers?

Persons who have received dermal fillers may develop swelling at or near the filler injection site, usually face or lips following recipient of the vaccine. The swelling appears to be temporary and resolves with medical treatment.

COVID-19 vaccine can be administered to people who have received injectable dermal fillers who have no contraindications or precautions for vaccination. Contact your healthcare provider if swelling develops at or near the site of dermal filler following vaccination.

Should a woman reschedule a "mammogram" appointment if recently received COVID-19 vaccine?

The vaccine can cause swollen lymph nodes under the arm in which the vaccine was given. This swelling is a normal sign that the body is building protection against COVID-19. However, it is possible that this swelling could cause a false reading on a mammogram. Therefore, it is recommended to wait 4 - 6 weeks after the second dose before having a mammogram, as long as the delay does not have a negative impact on the woman's health.

What is the time interval between taking Pfizer - BioNTech COVID-19 vaccine and any other vaccine?

Minimum interval between a dose of Pfizer - BioNTech COVID-19 vaccine and any other dose of vaccine for another disease is 2 weeks.

Is the Pfizer-BioNTech COVID-19 vaccine better than other vaccines currently available in the UAE?

All of the vaccines authorized for use in the UAE are safe and effective in preventing serious COVID-19 infection. As the different types of vaccines being developed across the world are still new and studies are ongoing, it is important to keep up-to-date with provided information by the concerned health authorities in the UAF.

Can participants of Phase III of the clinical trials be vaccinated?

No they cannot for the time being.









How can I get more information? You may contact the following call centers:





