PLAN Prevent/Gardiant Dither Contact number PLAN REPUBLIC VARIANCE ON THE PERSONAL BEST GREEN ZONE CINC CREAT Breathing is easy No cough Peak Flow Meter Personal Best PREVENTIVE MEDICINE MeDICINE Breathing is easy No cough No wheeze Breathing is easy No cough Preventive MEDICINE No wheeze Can do regular activities Skeps through the night Doese when Device CONK Y FOR EXERCISE-INDUED ASTHMA 10 minutes before exercise Take: (bot - acting 8 - 2 agonist) Doese when Device Z puris 4 puris 6 puris Cough Whence Can't do usual activities Short of breath Cough or where Short of breath Cough or where Whence Can't do usual activities Short of breath Cough or where WebCINE MeDICINE AND KEEP TAKING YOUR Can't do usual activities Medicular Cough or where Where Cell throw or the cough or where the cough or where Where Cell throw or the cough or where the cough or where the cough or where cell throw or t	ASTHMA ACTION PLAN	Child Name			مركز أبوظبي
PREVENTIVE MEDICINE Image: I					ABU DHABI PUBLIC HEALTH CENTRE
Weating is easy Image: Seasy	GREEN	ZONE	Peak Flow Meter Personal Best		
Vector No cough No wheeze Image: Strength the night Image: Strength the night Image:	DOING	GREAT	Breathing is easy		
No wheeze when Device Can do regular activities Sleeps through the night Using quick relief medicine no more than 2 times a weak UVELVENE EXERCISE.INDUCED ASTIMAL 10 minutes before exercise Device When Device Take: (chort-acting B - 2 aganist) 2 puffs 4 puffs G sup VELLOW ZONE AUTION Short of breath C Gough Wheeze Can't do usual activities Sleep disturbance due to breathing Guing quick relief medicine more than 2 times a difficulty, cough or wheeze Can't do usual activities Sleep disturbance due to breathing Using quick relief medicine more than 2 times a difficulty, cough or wheeze (biotr acting 8 Zagonis) Image: Cough or wheeze Cough or wheeze (contracting 8 Zagonis) (biotr acting 8 Zagonis) Image: Cough or wheeze Image: Count acting 8 Zagonis) (biotr acting 8 Zagonis) (biotr acting 8 Zagonis) Image: Count acting 8 Zagonis) Image: Count acting 8 Zagonis) (biotr acting 8 Zagonis) (biotr acting 8 Zagonis) Image: Count acting 8 Zagonis) Image: Count acting 8 Zagonis) (biotr acting 8 Zagonis) (biotr acting 8 Zagonis) (biotr acting 8 Zagonis) Image: Count acting 8 Zagonis) Image: Count acting 8 Zagonis) (biotr acting			No cough		
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If your symptoms return to GREEN ZONE If your symptoms return to GREEN ZONE If your symptoms do not return to GREEN ZONE If your symptoms do not return to GREEN ZONE If child pets worse, call parents and GO TO RED ZONE Peak Flow Meter less than % 50 of personal best Child has trouble walking or talking Skin on neck or between ribs pulling in Quick relief medicine not helping TAKE THIS Take: (short-acting 8-Zagonist) Add (prestring 0.2 Steroid) Or the prestrict of t			(short-acting ß-2agonist)		
stay in the GREEN ZONE OR If your symptoms do not return to GREEN ZONE after 1 hour of above treatr Take:					
Sector Sector	9 (stay in the GREEN ZONE	OR If your symptoms do not return to GREE	
Add				(short-acting B-2agonist)	
If child gets worse, call parents and GO TO RED ZONE Peak Flow Meter less than % 50 of personal best Child has trouble walking or talking Skin on neck or between ribs pulling in Quick relief medicine not helping Take: (short-acting 8-2agonist) Add (Oral Steroid)					
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RED ZONE DANGER Child has trouble walking or talking Skin on neck or between ribs pulling in Quick relief medicine not helping TAKE THIS MEDICINE Take: (short-acting 8-2agonist) Add (Oral Steroid)			If child gets worse, call pare	ents and GO TO RED ZONE	
RED ZONE Danger Child has trouble walking or talking Skin on neck or between ribs pulling in Quick relief medicine not helping TAKE THIS Take: (short-acting 8-2agonist) Add (Oral Steroid)					
DANGER Child has trouble walking or talking Skin on neck or between ribs pulling in Quick relief medicine not helping TAKE THIS MEDICINE Add (short-acting B-2agonist) Add (oral Steroid)			Peak Flow Meter less than % 50 of	personal best	
Skin on neck or between ribs pulling in Quick relief medicine not helping TAKE THIS Take: (short-acting ß-2agonist) 4 puffs 6 puffs 0R Nebulizer, dose every minutes Add			Child has trouble walking or talk	king Breathing	very fast
Add	DANU		Skin on neck or between ribs pu	Illing in Quick relie	ef medicine not helping
MEDICINE 4 puffs 6 puffs 0R Nebulizer, dose everyminutes Add			Tako		
Add(Oral Steroid)					
(Oral Steroid)		TEDICITE	4 puffs 6 puffs OR	Nebulizer, dose	every minutes
mg per day for Days			Add	(Oral Steroid)	
				mg per day for	Days
DO NOT WAIT,					