

Guide for disinfecting your home if someone is sick



Trash

Dedicated, lined trash can: If possible, dedicate a lined trash can for the ill person. Use gloves when removing garbage bags, and handling and disposing of trash. Wash hands afterwards.

Food

The ill person should eat in their room separately. Wash dishes and utensils using gloves and hot water: Handle any non-disposable used food service items with gloves and wash them with hot water or in a dishwasher.



Wash hands often



Wash your hands often with soap and water for 20 seconds, especially after removing gloves and after contact with an ill person. Use hand sanitizer if soap and water are not available. Sanitizer should contain at least 60% alcohol.

Clean

Clean surfaces using soap and water. Practice routine cleaning of frequently touched surfaces



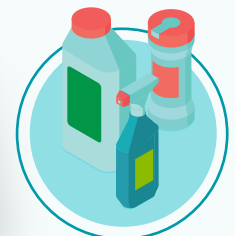
Soft surfaces

For soft surfaces such as carpeted floor, rugs, and drapes. Clean the surface using soap and water or with cleaners appropriate for use on these surfaces.



Disinfect

Use diluted household bleach solutions. Follow the manufacturer's instructions for application and proper ventilation. Never mix household bleach with ammonia or any other cleanser.



Laundry

Dirty laundry from an ill person can be washed with other people's items. Clean and disinfect clothes hampers according to guidance above for surfaces.

